# ABSTRACT

A headband adjustment device includes a base, an adjustable seat, at least a press piece, a resilient adjustment plate and two band shafts. The base provides a base through hole. The adjustable seat is joined to the base and has a wing plate at two opposite lateral sides thereof and a adjustment frame at two ends thereof. The press piece is disposed beside the respective wing plate with two ends thereof xtending a press slant end. The adjustment plate is flat with a middle protrusion top and at both lateral sides of the protrusion top having a fixing projection respectively, at a bottom near both ends thereof having a lift guide groove with a plate slant extending toward the two ends respectively to interfere with ratchet gears on the headband. The band shafts each have an end projection and the headband encloses the respective band shaft and extends outward inversely via the adjustment frame so as to be held in place with the ratchet teeth engaging with the adjustment plate. When the press piece is pressed, the press slant ends lift the guide grooves to increase the space between the adjustment plate and the band shafts for the headband being adjusted.